

JOB DESCRIPTION

FAMILY WELL BEING PRACTITIONER

Post Title: Family Well Being Practitioner

Project: Harbour Project

Hours: 28 hours per week (Part Time)

Salary Scale: Pro-rata £28,506 – £33,041 per annum (SCP 12–17)

Contract Type: 1 April 2026 – 31 March 2027

Funder: Scottish Government - Supporting Birth Parents Fund - administered by Corra.

Location: Circle Head Office, 18 West Pilton Park, Edinburgh, EH4 4EJ

Hybrid Working Available: No

Accountable to: Project Manager

Driving Licence and Own Car Required – Desirable, but not essential

Purpose

The Family Wellbeing Practitioner will play a key role in delivering high-quality, relationship-based support to birth parents whose children are permanently fostered, adopted, or living in kinship care. The postholder will provide intensive, trauma-informed, one-to-one support that promotes parental wellbeing, strengthens family relationships, and enhances long-term outcomes.

The role requires a compassionate, skilled practitioner who can work collaboratively within a multi-agency environment, ensuring parents feel heard, empowered, and connected to the support they need.

Key Responsibilities

- Deliver person-centred, strengths-based support to parents, enabling meaningful and sustainable improvements in their wellbeing and life circumstances
- Support parents to develop a deeper understanding of their children's needs, attachment, and the impact of early childhood experiences

- Foster improved parent–child relationships where appropriate, promoting communication, connection, and emotional safety
- Reduce isolation and stigma by supporting parents to access relevant services, community resources, and peer networks
- Maintain high standards of case recording, ensuring all work is monitored, evaluated, and aligned with Circle's service frameworks
- Actively participate in supervision, team meetings, and internal learning opportunities to support continuous professional development
- Contribute to the promotion, development, and visibility of Circle's services across Edinburgh.
- Work effectively and proactively with partner agencies to ensure coordinated and holistic support for families.
- Uphold Circle's policies and procedures, with particular attention to safeguarding, equality, anti-discriminatory practice, and meaningful user involvement.
- Participate fully in Staff Development Days and organisational initiatives.

General

This job description is not exhaustive and may be amended in response to organisational needs. The postholder is expected to undertake any other duties appropriate to the level and nature of the post.

Person Specification

Qualifications

Essential

- A professional qualification in social work, social care, education, or health.

Knowledge & Experience

Essential

- Strong understanding of effective, evidence-based interventions for supporting parents.
- Experience of delivering support using a rights-based, trauma-informed, and relationship-led approach.
- Demonstrated experience of partnership working within multi-agency settings.
- Experience of contributing effectively as part of a team within a dynamic service environment.

- In-depth knowledge of child development and the challenges affecting vulnerable children and families.
- Understanding of the GIRFEC framework and SHANARRI wellbeing indicators.
- Clear commitment to equality, diversity, anti-discriminatory practice, and co-production with service users.

Skills & Abilities

Essential

- Excellent communication and interpersonal skills, with the ability to engage confidently and sensitively with both children and adults.
- Ability to mentor and support social work students on placement.
- Strong recording, monitoring, and evaluative skills with attention to accuracy and reflective practice.
- Effective organisational and time-management skills, with the ability to plan, prioritise, and manage competing demands.
- Demonstrated ability to facilitate positive, sustained change within families.
- Confidence working across professional boundaries and engaging with a wide range of partner agencies.
- Strong assessment, analytical, and reflective-practice skills.

