

THE DARED CHALLENGE



Early bird
prices
available
until 31st
March

DO A RUN EVERY DAY

CHOOSE A DISTANCE, CHOOSE A
LOCATION AND CHOOSE TO SUPPORT
VULNERABLE LOCAL CHILDREN

JUNE 2019

 circle

WHAT IS DARED?

IN JUNE 2018 SCHOOL STAFF FROM ACROSS EDINBURGH AND THE LOTHIANS TOOK PART IN A BRAND NEW CHALLENGE EVENT.

THE IDEA IS SIMPLE BUT EFFECTIVE. RUN EITHER 1 MILE OR 5KM EVERY DAY. YOU CHOOSE THE LOCATION. YOU CHOOSE THE TIME. YOU CHOOSE TO GO ALONE OR HAVE A TEAM. JUST 'DO A RUN EVERY DAY'. THAT'S IT.

OVER 150 PEOPLE, FROM 20 SCHOOLS, TOOK PART.

AND WHILST THEY GOT FITTER AND HEALTHIER (JUST IN TIME FOR SUMMER) THEY ALSO CHOSE TO SUPPORT A LOCAL CHARITY CALLED CIRCLE WHO SUPPORT VULNERABLE LOCAL CHILDREN IN THE MOST DEPRIVED AREAS OF EDINBURGH.

IN ONE MONTH THEY RAISED £14,000 TO SUPPORT OVER 800 CHILDREN WITH THE CHAOS AND TRAUMA OF PARENTAL SUBSTANCE USE.

WILL YOU ACCEPT THE DARED CHALLENGE IN 2019?

FOR MORE INFORMATION:

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Supporting families in Scotland

