

**FAMILY SERVICE UNIT SCOTLAND
(A Company Limited by Guarantee)
KNOWN AS CIRCLE**

ABSTRACT OF FINANCIAL STATEMENTS

Achievements and performance from April 2015 to March 2016

This has been a successful year for Circle in terms of achievement of outcomes despite being a very difficult year financially for third sector organisations as a whole. This is the result of a number of factors such as Local Authority budget cuts and an increased volume of funding applications to the major Trusts and Foundations many of whom have less available funding and or have changed funding criteria or priorities.

Circle's income for this financial year, April 2015 to March 2016, is £1,723,682 a reduction of £494,467. This is due to a number of funding streams coming to an end and Circle ending its involvement in the New Routes PSP. Overall this has resulted in ten redundancies throughout the year (from a starting staff of 55). On the whole Circle has weathered the storm well.

During this financial year we have been successful in a number of funding bids that will commence in April 2016 and will stand us in good stead for the next three years. These include:

- Successful applications to The Robertson Trust for £60,000 over three years and the Dulverton Trust for £90,000 over three years for infrastructure funding; this will enable us to employ a new Income Generation Manager
- A successful application to the Scottish Government's Children, Young People and Families Early Intervention Fund for £70,000 a year for three years; this will enable us to continue to employ a fulltime Business Manager and a part time Development Manager
- A successful tender bid to the City of Edinburgh Council's Alcohol and Drugs Partnership for £419,365 a year for three years; this will enable us to continue the work of Circle's Harbour Project in Edinburgh in partnership with CrossReach
- A successful application to the City of Edinburgh Council's Children and Families Grant Fund for £137,310 a year for three years; this will enable us to continue the work of Circle's Haven Project in Edinburgh
- A successful application to Big Lottery's Investing in Communities Fund for £489,070 over three years; this will enable us to provide support to mothers on community orders in Lanarkshire
- A successful application to Big Lottery's Improving Lives Fund for £137,918 over three years, this will enable us to support fathers with substance use issues, during their partner's pregnancy and after their baby's birth in Edinburgh in partnership with PrePare
- Two successful applications to Edinburgh and Lothians Health foundation for £37,000 for one year for Circle's East and Midlothian Family Support Project and £37,000 for one year for Circle's West Lothian Family Support Project.

Between April 2015 and March 2016 Circle provided whole family support to 715 families comprised of 1,317 children, 1,043 parents, and 67 kinship carers; in total Circle worked with 2,631 family members. Although we experienced a substantial reduction in funding we achieved a slight increase in the numbers of families we worked with.

Circle staff record the work that they do with families against five overarching outcomes, using recognised indicators to evidence "journey travelled" for the families. The quarterly recording of outcome assessments for families shows the following for 2015-16:

- 414 families reported *improved health and well-being*, including
 - 161 who reduced or stopped their drug/alcohol misuse
 - 218 whose physical, mental and emotional health had improved
 - 181 for whom family relationships had improved
- 336 families reported that they had *increased equality of opportunity*, including
 - 151 for whom their finances had improved
 - 77 who had managed to get involved in work
 - 83 who had got involved in training and education

Achievements and performance from April 2015 to March 2016 (continued)

- 335 families reported that their children were *living in safer, more secure and stimulating home environments*, including
 - 150 who were spending more time with their children
 - 143 who had improved their parenting skills through better routines and boundaries in the home

- 225 families reported that their children were *making a positive contribution in school and in the community*, including
 - 103 whose children were more involved in community activities
 - 82 who were getting their children to school more often and on time
 - 89 for whom their children's achievement/attainment had increased

- 310 families reported that they were now *living in safer community environments*, including
 - 138 who had secured suitable accommodation
 - 121 who were getting care of or contact with their children
 - 94 who had reduced the frequency and severity of their reoffending

Circle is committed to the personal development of the families we work with. In addition to the day to day family support work here are some of the new experiences that families benefited from.

In April 2015, seven families from Edinburgh benefited from caravan holidays at Pettycur Bay in Fife funded through Edinburgh ADP; the funding also covered transport to and from the holiday and activity passes which allowed the children to experience a range of activities. For most of the families this was their first ever holiday. This was repeated in March 2016 for another seven families as Easter came early this year.

In May 2015 Edinburgh and Lothian Greenspace Trust awarded Circle's Haven Project £350 to develop its garden; this has enabled children and parents to create an edible garden and grow fruit and vegetables throughout the year.

Throughout the month of July 2015 Circle's Lanarkshire Family Support Project ran a Fun in the Forest programme for children; this involved building dens, outdoor cooking and learning about the plants and trees and wildlife that grow and live in the forest.

Throughout the month of July 2015 Circle's Haven Project's dads and their children enjoyed a varied activity programme that included games in the park, cycling to Cramond and canoeing on the Union Canal.

In July 2015, 33 families from Circle's East Lothian Family Support Project enjoyed a picnic on Musselburgh beach. The picnic was donated by Tesco, Baynes Bakers and the Sheriffhall Café in Musselburgh.

In July 2015, 43 children enjoyed week long camping trips in a variety of settings throughout Scotland. These holidays were coordinated by a staff member from the FABI team and were funded by the Prison Fellowship and organised and staffed by the Scripture Union.

In August 2015, a number of families from Circle's Harbour Project enjoyed a family BBQ funded by Cash for Kids. There was face painting, bouncy castles and even the local fire crew turned up. The children were delighted to be allowed to explore the fire engine and try out the hoses.

In August 2015, a number of families from the Haven Project took part in a storytelling week; the week was a great success and resulted in a fantastic story named "The Alien Assignment". The story was published as a book using the children's artwork and the book was launched in November 2015.

In October 2015 Big Lottery's Communities and Families Fund awarded Circle's Haven Project £10,000 to run a variety of activities for families throughout the year.

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Achievements and performance from April 2015 to March 2016 (continued)

In December 2015 Circle was delighted to be one of Edinburgh's Christmas Tree Festival's chosen charities. A number of children and parents made decorations and decorated Circle's very own Christmas tree which was on display at St Andrew's and St George's West Church in Edinburgh throughout the festive season. The Festival awarded Circle £1,135 in January 2016.

In December 2015 the Tartan Army Children's Charity awarded Circle's FABI team £5,000 towards the cost of Christmas hampers for families and Christmas gifts for children affected by parental imprisonment. 56 families and 93 children benefited from this.

In December 2015 all the families Circle works with benefited from Christmas gifts for children and Christmas hampers for families from donations made by the Salvation Army, Cash for Kids, Edinburgh Nursery, Inverleith Church, Pilrig and St Paul's Church in Edinburgh and St Mary's Episcopal Church in Hamilton.

In December 2015 the Lord Provost provided Circle with five tickets for families to be his guests at a production of Snow White and the Seven Dwarfs at the King's Theatre. The children who attended with parents/carers received ice cream, a selection box, a Christmas present and got to meet the cast.

In March 2016 Lloyds TSB Foundation for Scotland on behalf of the STV Appeal awarded Circle £2,342 for activities and outings for children and young people living with kinship carers. This funding enabled one young girl to join a gymnastics class, paying for her lessons and necessary kit. For another young person the funding covered the cost of his provisional driving licence, theory test materials and a number of driving lessons. For a number of younger children it paid for visits to places like Edinburgh Zoo with their kinship carers.

Between April 2015 and March 2016 staff applied for individual grants for families and raised £7,918 to improve the home environments of the families Circle works with, through the purchase of white goods bedding and furniture.

Circle is committed to the continuous professional development of its staff. We do this through supervision, team meetings, quarterly Staff Development Days, external training opportunities, annual appraisals, and regular input from our Advisory Panel members.

Circle provides practice learning opportunities for social work students which are supervised by staff who are practice teachers. Between April 2015 and March 2016 Circle provided 19 placements and 4 observation opportunities to social work students from Edinburgh, Stirling and Glasgow universities and the Open University.

In April 2015 one member of staff started her Practice Learning Qualification (PLQ) course; in June 2015 one member of staff completed her PLQ course and is now a qualified Practice Teacher. In October 2015 two members of staff completed their Link Worker training. This course is done in preparation for embarking on a PLQ course in the future.

Between April 2015 and March 2016 a number of staff undertook external training courses in 'Strengthening Families', 'Parents Under Pressure' and 'Incredible Years'. These are all accredited courses used throughout the Local Authorities we work in and effectively encourage partnership work between partner agencies both voluntary and statutory.

Between April 2015 and March 2016 there have been a number of changes in the Management team. Two new external appointments were made, a new Practice Learning and Development Manager came into post in April 2015 and a new Service Development Manager came into post in June 2015. In September Circle's Operations Manager resigned to take up a full time PhD and although the post was advertised externally it was an internal candidate who was successful. This has proved a seamless transition. Two of Circle's family support workers were also promoted to Management posts in October 2015. The organisation has managed these changes well and is stronger as a result.

Between April 2015 and March 2016 two Advisory Panel members resigned, one to take up a new post in Canada and one to take up a new post in England. Three new Advisory Panel members have been recruited and bring a wealth of experience in child health and the impact of neglect and abuse, public health, and the drug and alcohol field.

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Between April 2015 and March 2016 the Board, Management team and staff have worked with Intrelate to improve our outcome focused recording, monitoring and evaluation systems.

In October 2015 Circle undertook a review of our recruitment processes to improve them and to make them more competency based. This has proved beneficial in the recruitment that has taken place since then.

In November 2015 St Mary's for All in Hamilton completed its renovation and the Circle Lanarkshire staff and FABI staff were able to move back in. In December 2015 Circle's Staff Development Day was held at St Mary's; this was attended by students, staff, managers and a couple of Board members. The morning was spent reflecting upon our practice over the last year and sharing our learning with each other. A celebratory Christmas lunch was then had by all.

In January 2016 the Management and Board held an Away Day to review Circle's Strategic Plan and to draw up an Action Plan for 2016 which encompassed both worst and best case scenarios in terms of finance and human resource planning.

Circle is committed to evidencing and sharing best practice and to influencing Scottish Government policies that have the potential to improve the lives or impact negatively on the lives of the families we work with.

In April 2015 a member of staff and service users presented at two Holyrood conferences on our work with mothers and fathers in prison and the community. Service users shared their experiences of the criminal justice system and the positive impact Circle's support has made to them and their families.

In May 2015 a member of staff and service users presented a piece of research on Circle's work with fathers titled 'Working with Fathers: Promoting Positive Involvement of Fathers in Vulnerable Families' at an international conference run by the British Association for the Study and Prevention of Child Abuse and Neglect.

In May 2015 a member of staff and service users presented at a NHS Maternal and Early Years Conference.

In May 2015 Circle's Kinship Choir was featured on The Fountainbridge Show on STV Edinburgh. We took this opportunity to talk to viewers about the needs of kinship families.

In June 2015 Circle's Inter School Social Education Project (ISSEP) was a finalist in the Scottish Charity Awards.

In June 2015 an article about Circle's work with families with children affected by parental imprisonment appeared in Justice Matters quarterly publication.

In September 2015 Circle was involved in a roundtable event to discuss and debate issues being raised through the JRF anti-poverty strategy work and the Scottish Government's Fairer Scotland discussions on Childhood.

In October 2015 Circle held its third Annual Lecture, Professor Brigit Daniel presented a lecture titled 'Doing the Best for Children and Families When Times Are Hard'. This was well received and elicited an excellent question and answer session.

In October 2015 Naomi Eisenstadt, the Scottish Government's independent anti-poverty advisor, attended a focus group and talked to twelve parents Circle works with on the impact of welfare reform. The group's contribution was highlighted in Naomi's report 'Shifting the Curve' which she presented to the First Minister in January 2016.

In November 2015 The Shine PSP won the Herald Award for partnership work. A Circle member of staff and one of the mothers she works with also took part in a new Shine DVD which has already been used at two conferences.

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In December 2015 Circle in partnership with the West Lothian PSP and West Lothian Council, organised an event titled 'Celebrating Whole Family Support'. A Circle member of staff and a group of mothers we work with presented a workshop titled 'Families Own Experiences'.

In February 2016, Circle, in Partnership with Families Outside and HMP Addiewell, held a Year of the Dad seminar in Addiewell Prison. Four of the dads Circle works with spoke of their positive experiences of being dads and how this was keeping them from returning to a life of crime and imprisonment.

In February 2016 at the request of the Violence Reduction Unit, Circle hosted four senior police officers from England who were undertaking a Senior Policing Strategic Command Course. The police officers spent two days shadowing Circle staff members and meeting and speaking to the families. This was a learning experience for everyone concerned and was hugely successful.

In March 2016 two Circle staff won Scottish Social Work Awards. Aileen Campbell, the Minister for Children, Young People and Families presented the awards to Pete Cloke who won Social Worker of the Year for his work with dads, and Sylvia Sword who won Practice Teacher of the Year for her work with social work students on placement at Circle.

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SUMMARISED FINANCIAL STATEMENTS

STATEMENT of FINANCIAL ACTIVITIES for the year ended 31 March 2016

	Un- Restricted Funds £	Restricted Funds £	Total 2016 £	Un- Restricted Funds £	Restricted Funds £	Restated Total 2015 £
Income from:						
Donations	17,396	-	17,396	31,663	-	31,663
Charitable activities	-	1,703,753	1,703,753	-	2,182,917	2,182,917
Investments – bank interest	2,533	-	2,533	3,569	-	3,569
Total income	19,929	1,703,753	1,723,682	35,232	2,182,917	2,218,149
Expenditure						
Raising funds	97	-	97	188	-	188
Charitable activities	241,127	1,889,493	2,130,620	2,928	2,039,867	2,042,795
Total expenditure	241,224	1,889,493	2,130,717	3,116	2,039,867	2,042,983
Net expenditure/(income) and net movement in funds for the year	(221,295)	(185,740)	(407,035)	32,116	143,050	175,166
Reconciliation of funds						
Fund balances as previously stated	434,174	431,826	866,000	404,197	288,776	692,973
Prior year adjustment	(29,275)	-	(29,275)	(31,414)	-	(31,414)
Fund balances brought forward at 1 April	404,899	431,826	836,725	372,783	288,776	661,559
Fund balances carried forward at 31 March	183,604	246,086	429,690	404,899	431,826	836,725

The statement of financial activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

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SUMMARISED FINANCIAL STATEMENTS

BALANCE SHEET

As at 31 March 2016

	£	2016 £	Restated 2015 £
Fixed assets			
Tangible assets		8,289	11,600
Current assets			
Debtors	59,399		103,612
Cash at bank and in hand	788,692		869,688
	-----		-----
		848,091	973,300
Liabilities: amounts due within one year	190,974		122,943
	-----		-----
Net current assets		657,117	850,357
		-----	-----
Total assets less current liabilities		665,406	861,957
Liabilities: amounts due after more than one year		235,716	25,232
		-----	-----
Net assets		429,690	836,725
		=====	=====
Funds			
Unrestricted funds		183,604	404,899
Restricted funds		246,086	431,826
		-----	-----
		429,690	836,725
		=====	=====

FINANCIAL SUMMARY

The summarised financial statements have been extracted from the full financial statements which were approved on 26 July 2016 and do not constitute the charity's statutory financial statements. The statutory financial statements have been audited and the auditors' opinion was unqualified. The statutory financial statements have also been submitted to the Office of the Scottish Charity Regulator.

The summarised financial statements include additional information extracted from the Director's Report, but not the full text of that report. For further information, the full annual financial statements, the auditors' report on these financial statements, and the Directors' Report should be consulted. Copies of the audited financial statements can be obtained by writing to Circle.

Approved by the Directors and signed on their behalf by:-

.....Caroline Lamb, Director

.....Val Cox, Director

 30 August 2016

**INDEPENDENT AUDITORS' STATEMENT TO THE
DIRECTORS AND MEMBERS OF FAMILY SERVICE UNIT SCOTLAND
KNOWN AS CIRCLE**

We have examined the summarised financial statements of Family Service Unit Scotland (known as Circle) for the year ended 31 March 2016.

Respective responsibilities of the Directors and auditors

The Directors are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law. Our responsibility is to report to you our opinion on the consistency of the summarised financial statements with the full annual financial statements and the Directors' Report, and its compliance with the relevant requirements of section 427 of the Companies Act 2006 and the regulations made thereunder.

We also read the other information contained in the Abstract of the Financial Statements and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summarised financial statements. The other information comprised the Achievements and Performance report.

Basis of opinion

We conducted our work in accordance with the terms of our engagement. Our report on the charitable company's full annual financial statements describes the basis of our opinion on those financial statements and on the Directors' Report.

Opinion

In our opinion the summarised financial statements are consistent with the full annual financial statements and the Directors' report of Family Service Unit Scotland (known as Circle) for the year ended 31 March 2016, and it complies with the applicable requirements of section 427 of the Companies Act 2006, and the regulations made thereunder.

We have not considered the effects of any events between the date on which we sign our report on the full financial statements, 1 August 2016, and the date of this statement.

Chiene & Tait LLP

CHIENE + TAIT LLP
Chartered Accountants and Statutory Auditor
61 Dublin Street
Edinburgh
EH3 6NL

30 August 2016

DIRECTORS' STATEMENT

The auditor has issued unqualified reports on the full annual financial statements and on the consistency of the Directors' Report with those financial statements. Their report on the full annual financial statements contained no statement under sections 498(2)(a) of the Companies Act 2006.