

**FAMILY SERVICE UNIT SCOTLAND
(A Company Limited by Guarantee)
KNOWN AS CIRCLE**

ABSTRACT OF FINANCIAL STATEMENTS

Achievements and performance from April 2016 to March 2017

This has been a successful year for Circle in terms of achievement of outcomes despite being a very difficult year financially for third sector organisations as a whole. This is the result of a number of factors such as Local Authority budget cuts and an increased volume of funding applications to the major Trusts and Foundations many of whom have less available funding and/or have changed funding criteria or priorities.

Circle's income for this financial year, April 2016 to March 2017, is £1,642,353 a reduction of £81,329. This is due to a number of funding streams coming to an end.

During this financial year we have been successful in a number of funding bids that will commence in April 2017 and will stand us in good stead for the next three years. These include:

- A successful tender bid to West Lothian Council's Alcohol and Drug Partnership for £110,000 a year for two years with an option to extend for a further year.
- A successful application to Lloyds TSB Foundation for Scotland: Partnership Drug Initiative (Lloyds TSB PDI) for a full time post in West Lothian for £45,000 per annum for three years.
- A successful continuation application to Lloyds TSB PDI to continue the Family Support Worker post in East Lothian for three years (previously had two years at full costs). Year three at full costs of £45,000 and years four and five at reduced funding of £26,000.
- Successful applications to the Cattanach Trust for £10,000 for two years, the Pilgrim Trust for £7,000 for two years and a private donation of £8,500 for two years to continue the part-time pregnancy post in East Lothian.
- A successful application to the Henry Smith Charity to continue the work in Addiewell Prison on a part time basis for £37,500 for two years.
- Circle became one of the benefactors when Caledonia Youth closed and received £147,249 to fund a young person's worker over a three year period.

Between April 2016 and March 2017 Circle provided whole family support to 441 families consisting of 718 children, 533 parents and 21 kinship carers.

Circle staff record the work that they do with families using the GIRFEC national framework consisting of eight overarching outcomes, using the recognised ¹SHANARRI framework to evidence "journey travelled" for the families. Each outcome has a number of indicators and each project records against those indicators relevant to the families they are working with.

The recording of outcomes from the database currently captures data which includes families that we are still working with and who are still to achieve their outcomes. We are currently working with the database developers to capture data more accurately to give us more meaningful outcomes reporting.

The figures below reflect the percentages of families who have made positive progress against each outcome, for whom this outcome was relevant and for whom service has ended.

1. 72% reported *living in a safer, more secure home environment*
2. 81% reported that they *have improved health*
3. 65% reported that they were *achieving*
4. 65% reported that they are more *nurturing*

¹ The eight wellbeing indicators are commonly referred to by their initial letters – SHANARRI (Safe, Healthy, Accepted, Nurtured, Active, Responsible, Respected, Included)

Achievements and performance from April 2016 to March 2017 (continued)

5. 50% reported that they are more *active*
6. 45% reported that they are more *respected* and have increased equality of opportunity
7. 59% reported that they take more *responsibility*
8. 59% families reported that they feel more *included*

Circle is committed to the personal development of the families we work with. In addition to the day to day family support work here are some of the new experiences that families benefited from.

Throughout the year we fundraise to pay for seasonal trips during the Easter, Summer and October school breaks for the families we work with. We wish to thank to Go2Play, Edinburgh Airport Community Fund, Claire E Burgess, Scotmid Community Fund, Persimmons Community Fund and Cash4Kids for their financial support. With these funds we were able to support fun trips to the local park or beach that included supplying picnic blankets and outdoor games equipment such as bats and balls, Frisbees and skipping ropes. With a packed lunch families were able to have an inexpensive day out that was thoroughly enjoyed by all. Families then had the resources to have further days out.

The Royal Zoological Society and Clydesdale Bank teamed up to offer children the opportunity to experience wildlife. Circle received 500 tickets for families to go along to Edinburgh Zoo and with transport costs being met by an individual donor; we were able to make full use of these.

With support from Big Lottery's Awards for All we were able to deliver our Haven Storytelling Week in July this year. This involved parents and children working with an author and illustrator to produce a book called *Bringing the Zoo Home*. Dads were encouraged to participate in celebration of the Year of the Dad. The launch of the book took place in December with children, parents and the Author playing their parts well.

38 children attended the Scripture Union Holidays over the summer. This is a partnership between Circle and the Prison Fellowship and is organised and staffed by Scripture Union. This is an opportunity for children and young people to experience a residential trip with fun outdoors activities and experiences.

We have developed a relationship with an Edinburgh restaurant called the Kilted Lobster. Colin Hinds who owns the restaurant believes in supporting the community through a variety of ways including offering an evening a week for financially disadvantaged families to enjoy a meal together. Circle families have benefitted from 2 evenings, Dinner with Dad and Meal with Mum where families were treated to a 3-course dinner with freshly squeezed juices.

In December with donation of toys and gifts from Cash4Kids, Inverleith Church, Pilrig and St.Pauls and St. Marys Church in Hamilton we were able to ensure that all children and young people had gifts to open at Christmas. The Salvation Army provided much needed food parcels.

Circle is committed to the continuous professional development of its staff. We do this through supervision, team meetings, quarterly Staff Development Days, external training opportunities, annual appraisals, and regular input from our Advisory Panel members.

Circle provides practice learning opportunities for social work students which are supervised by staff who are Practice Teachers. Between April 2016 and March 2017 Circle provided 21 placements and three observation opportunities to social work students from Edinburgh, Stirling, Glasgow and Robert Gordon universities.

In August 2016 one member of staff completed her PLQ course and is now a qualified Practice Teacher. Two members of staff also completed their Link Worker training. This course is done in preparation for embarking on a PLQ course in the future.

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Between April 2016 and March 2017 five staff were trained in Parents Under Pressure Parenting Programme with 3 other staff being accredited. Edinburgh Napier University has been awarded £320,000 to carry out a study of this programme which will focus on opiate-using fathers and the care of their children up to age 6. Both Circle and a Local Authority project, PrePare, will participate in the research which will take place between April 2017 and March 2019 and will target 24 fathers. Dr Anne Whittaker from Napier University along with Professor Sharon Dawe and Dr Paul Harnett from Griffith University, Australia will oversee this piece of work. Professor Dawe and Dr Harnett have been developing this model over a 10 year period.

In December 2017 the Chief Executive retired from Circle after 20 years. Although the post was advertised externally it was the Operations Manager who was appointed to the post. The Operations Manager was replaced by an external candidate who came into post in February 2017. The new senior management team are working together to ensure that the management team and the organisation as a whole are supported and confident in the work we are delivering.

Between April 2016 and March 2017 one Advisory Panel member resigned due to other commitments. We are hoping to replace this panel member with someone equally experienced in Child Protection and GIRFEC.

Between April 2016 and March 2017 the Board, Management team and staff have worked with Intrelate (now Egton) to improve our outcome-focused recording, monitoring and evaluation systems. Although there have been some teething problems, we are now working towards a system that should be able to meet our performance management needs.

In January 2017 the Management and Board held an Away Day to consider the political and national context facing Circle over the next 2 years and to review our vision and mission in light of this. We also considered our Strategic Plan and made some amendments to our strategic goals so that these reflected the national priorities more effectively. This day also allowed us to consider the strengths of the management team and we were able to allocate policy leads to guide the organisation through changes that could affect Circle.

Circle is committed to evidencing and sharing best practice and to influencing Scottish Government policies that have the potential to improve the lives or impact negatively on the lives of the families we work with.

In May 2016 the management team had a day away to look at how to embed our Solution-Focussed approach into all aspects of the organisation. This culminated in all teams taking a lead role in training of new staff and students and an increased awareness of the need to keep this approach as an integral part of our day-to-day work.

In May 2016 Stirling University hosted a seminar on behalf of Circle where we invited Naomi Eisenstadt, Independent Advisor to the Scottish Government on Poverty and Inequality to present her research evidence and views from stakeholders across Scotland, including people with experience of living on a low income. The report was commissioned for the First Minister and outlines the actions Scottish Government (and others) could take to significantly reduce the numbers of people living in poverty in Scotland.

In May 2016 two members of staff met with Lloyds TSB PDI and two Government Officials from the Child Protection Team to discuss our experiences of child protection in Edinburgh and in particular neglect.

In May 2016 HMP Addiewell held a Year of the Dad Conference which a member of staff spoke at.

In June 2016 Circle co-facilitated a shared learning programme 'Working with Families' with partner agencies Includem and Families Outside as part of the Criminal Justice Voluntary Sector Forum's Training and Development Group.

In June 2016 we supported a young person to participate in a BBC Documentary 'Throw Away the Key' which focussed on women being imprisoned and the impact on their children and families.

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In June 2016 we invited Ben MacPherson, MSP to the Management Team Meeting. Ben had previously been a mentor with Circle's ISSEP Project. Ben is now actively supporting Circle.

In July 2016 we supported four parents to participate in the Care Inspectorate Self Evaluation Focus Group sharing views on Self Evaluation for Community Justice.

In July 2016 we held a focus group with fathers to find out what support was helpful to them. This information will help shape our interventions with fathers and support future funding applications for this area of work.

In September 2016 Circle organised a Plinth and Photos Exhibition with a group of Dads to celebrate Year of the Dad. This exhibition was held at North Edinburgh Arts and was again exhibited at the Annual Lecture.

In October 2016 Circle held its Annual Lecture. This year's lecture was to celebrate the Year of the Dad and Richard Jobson, one of Circle's Patrons presented this talking of his own experiences. Three of our Fathers also participated in a question and answer session which was very well received. The lecture was chaired by Alistair Gaw, City of Edinburgh Councils Acting Director of Communities and Families.

In October 2017 Alan Baird, Social Work Advisor to Scottish Government came to Circle to meet with staff and to hear from three families their experiences of support.

In November 2016 Circle co-facilitated 'Induction to Adult Justice Systems' alongside Turning Point Scotland as part of the Criminal Justice Voluntary Sector Forum's Collaborative Learning Programme.

In November 2016 West Lothian held a Year of the Dad Conference and a Circle member of staff spoke at this event.

In December 2016 we held a launch of the Haven Storytelling Project which celebrated the Year of the Dad.

In December 2016 Circle delivered two Children Affected by Parental Substance Use Workshops in Edinburgh. These were aimed at increasing awareness and interventions for professionals across the city.

In December 2016 a member of staff delivered training to around 20 GPs to increase their knowledge of Children Affected by Parental Substance Use and Getting It Right for Every Child model.

In December 2016 Circle undertook a presentation to Voluntary Action North Lanarkshire at their Reducing Reoffending Network Event. We were able to highlight the work of the Women's Outreach Project.

In February 2017 we organised a group of mothers with babies and young children to come together with Scottish Government researchers to provide their views on a draft joint application form for Best Start Grant and Health Start vouchers.

In March 2017 Circle delivered a further two Children Affected by Parental Substance Use Workshops. These were again aimed at increasing awareness and interventions with professionals across Edinburgh.

In March 2017 Circle delivered a presentation highlighting the work of Families Affected by Imprisonment to SNP Mossend Group.

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SUMMARISED FINANCIAL STATEMENTS

STATEMENT of FINANCIAL ACTIVITIES for the year ended 31 March 2017

	Un- Restricted Funds £	Restricted Funds £	Total 2017 £	Un- Restricted Funds £	Restricted Funds £	Total 2016 £
Income from:						
Donations	20,218	147,249	167,467	17,396	-	17,396
Charitable activities	-	1,472,588	1,472,588	-	1,703,753	1,703,753
Investments – bank interest	2,298	-	2,298	2,533	-	2,533
Total income	22,516	1,619,837	1,642,353	19,929	1,703,753	1,723,682
Expenditure						
Raising funds	299	-	299	97	-	97
Charitable activities	15,000	1,642,899	1,657,899	241,127	1,889,493	2,130,620
Total expenditure	15,299	1,642,899	1,658,198	241,224	1,889,493	2,130,717
Net income\ (expenditure) and net movement in funds for the year	7,217	(23,062)	(15,845)	(221,295)	(185,740)	(407,035)
Reconciliation of funds						
Fund balances brought forward at 1 April	183,604	246,086	429,690	404,899	431,826	836,725
Fund balances carried forward at 31 March	190,821	223,024	413,845	183,604	246,086	429,690

The statement of financial activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

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SUMMARISED FINANCIAL STATEMENTS

BALANCE SHEET

As at 31 March 2017

	£	2017 £	£	2016 £
Fixed assets				
Tangible assets		5,488		8,289
Current assets				
Debtors	77,999		59,399	
Cash at bank and in hand	740,060		788,692	
		-----		-----
	818,059		848,091	
Liabilities: amounts due within one year	186,146		190,974	
		-----		-----
Net current assets		631,913		657,117
		-----		-----
Total assets less current liabilities		637,401		665,406
Liabilities: amounts due after more than one year		223,556		235,716
		-----		-----
Net assets		413,845		429,690
		=====		=====
Funds				
Unrestricted funds		190,821		183,604
Restricted funds		223,024		246,086
		-----		-----
		413,845		429,690
		=====		=====

FINANCIAL SUMMARY

The summarised financial statements have been extracted from the full financial statements which were approved on 31 July 2017 and do not constitute the charity's statutory financial statements. The statutory financial statements have been audited and the auditors' opinion was unqualified. The statutory financial statements have also been submitted to the Office of the Scottish Charity Regulator.

The summarised financial statements include additional information extracted from the Director's Report, but not the full text of that report. For further information, the full annual financial statements, the auditors' report on these financial statements, and the Directors' Report should be consulted. Copies of the audited financial statements can be obtained by writing to Circle.

Approved by the Directors and signed on their behalf by:-


.....Caroline Lamb, Director


.....Val Cox, Director

15 August 2017

**INDEPENDENT AUDITORS' STATEMENT TO THE
DIRECTORS AND MEMBERS OF FAMILY SERVICE UNIT SCOTLAND
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We have examined the summarised financial statements of Family Service Unit Scotland (known as Circle) for the year ended 31 March 2017.

Respective responsibilities of the Directors and auditors

The Directors are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law. Our responsibility is to report to you our opinion on the consistency of the summarised financial statements with the full annual financial statements and the Directors' Report, and its compliance with the relevant requirements of section 427 of the Companies Act 2006 and the regulations made thereunder.

We also read the other information contained in the Abstract of the Financial Statements and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summarised financial statements. The other information comprised the Achievements and Performance report.

Basis of opinion

We conducted our work in accordance with the terms of our engagement. Our report on the charitable company's full annual financial statements describes the basis of our opinion on those financial statements and on the Directors' Report.

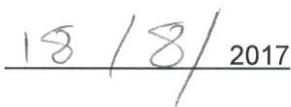
Opinion

In our opinion the summarised financial statements are consistent with the full annual financial statements and the Directors' report of Family Service Unit Scotland (known as Circle) for the year ended 31 March 2017, and it complies with the applicable requirements of section 427 of the Companies Act 2006, and the regulations made thereunder.

We have not considered the effects of any events between the date on which we sign our report on the full financial statements, 1 August 2017, and the date of this statement.



CHIENE + TAIT LLP
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DIRECTORS' STATEMENT

The auditor has issued unqualified reports on the full annual financial statements and on the consistency of the Directors' Report with those financial statements. Their report on the full annual financial statements contained no statement under sections 498(2)(a) of the Companies Act 2006.